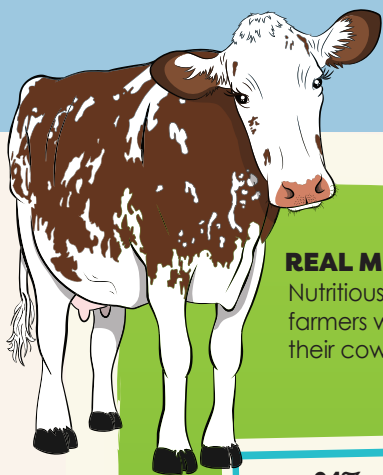


DAIRY FOODS FROM FARM TO TABLE



Have you ever wondered where your favorite dairy foods come from? Follow milk's journey from West Virginia dairy farms to your table!

West Virginia
is home to
about 4,000
dairy cows &
25 dairy farms

REAL MILK STARTS ON THE FARM

Nutritious dairy foods begin with dairy farmers who provide **excellent care** to their cows and land.

94% of U.S.
dairy farms are
family-owned

MILK TRAVELS TO THE DAIRY PLANT

To ensure freshness, milk is transported from the farm to the dairy plant within **72 hours** by insulated trucks. Milk must pass rigorous tests to ensure **quality and safety**.

Dairy foods
are among
the safest &
most tested
foods in the U.S.



DELIVERED FRESH

Milk arrives at your grocery store or school in as little as **48 hours** after leaving the farm.

MILK MAKES THE GRADE

Milk contains 13 essential nutrients, including **protein, vitamin D and calcium!**

There are
about 23,600
U.S. dairy
farms

Once it is **pasteurized**, the milk is ready to be bottled or made into cheese, yogurt, and other dairy foods.

West Virginia dairy
farms produce about
6.86 million gallons of
milk annually

SUPERMARKET

SALE

SALE

SALE

SALE

FRESH

American
Dairy
Association
MID-EAST

