Once your fortune teller is ready, grab a friend! Ask him or her to pick a color then spell out each letter of the color by moving your fingers in and out to open and close each side. Once you’ve spelled out the word, ask your friend to pick a number then count it by doing the same thing. Once you’re done counting, he or she will choose a final number and this time, lift the flap to read his or her breakfast fortune!

**STEP 1.**
Fold and unfold the paper in half on both sides.

**STEP 2.**
Fold the blank side up and fold each corner to the center.

**STEP 3.**
Turn the blank side up and fold each corner to the center.

**STEP 4.**
Bring in the numbered corners to the center.

**STEP 5.**
Fold one side over so you see two colored blocks. Slide your index fingers and thumbs under each color.

**FINISHED!**

1. Whole grain cereal, berries and milk
2. Hardboiled egg, fruit and milk
3. Cottage cheese with peaches and toast
4. Cheese wrapped in a tortilla and grapes
5. Yogurt & fruit smoothie with a whole grain bagel
6. Yogurt, fruit and granola
7. Whole grain waffle topped with fruit and yogurt
8. Oatmeal made with milk and orange juice
The new Student Zone App offers students the chance to create student accounts, earn badges and work your way up to becoming a Fuel Up to Play 60 Champion as you complete fun activities through the app!

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