But once your fortune teller is ready, grab a friend! Ask him or her to pick a color then spell out each letter of the color by moving your fingers in and out to open and close each side. Once you’ve spelled out the word, ask your friend to pick a number then count it by doing the same thing. Once you’re done counting, he or she will choose a final number and this time, lift the flap to read his or her breakfast fortune!

**STEP 1.**
Fold and unfold the paper in half on both sides.

**STEP 2.**
Turn the blank side up and fold each corner to the center.

**STEP 3.**
Now your paper should look like this. Flip it over.

**STEP 4.**
Bring in the numbered corners to the center.

**STEP 5.**
Fold one side over so you see two colored blocks. Slide your index fingers and thumbs under each color.

**FINISHED!**

### Breakfast Fortunes

1. **Whole grain waffle topped with fruit and yogurt**
2. **Oatmeal made with milk, orange juice and fruit**
3. **Cottage cheese with peaches and toast**
4. **Cheese wrapped in a tortilla and grapes**
5. **Yogurt & fruit smoothie with a whole grain bagel**
6. **Yogurt, fresh fruit and granola**
7. **Whole grain cereal, berries and milk**
8. **Whole grain cereal, milk and milk**
9. **Hard boiled egg, fruit and milk**
10. **Hard boiled egg, fruit, and milk**