REAL MILK STARTS ON THE FARM
Nutritious dairy foods begin with dairy farmers who provide excellent care to their cows and land.

MILK TRAVELS TO THE DAIRY PLANT
To ensure freshness, milk is transported from the farm to the dairy plant at least every 24-48 hours by insulated trucks. Milk must pass rigorous tests to ensure quality and safety.

DELIVERED FRESH
Milk arrives at your grocery store in as little as 48 hours or at your school within 72 hours after leaving the farm.

MILK MAKES THE GRADE
Milk contains 9 essential nutrients, including protein, vitamin D and calcium!

Ohio ranks 5th in the number of dairy food companies and 8 of these deliver milk directly to schools.

Ohio ranks 11th in milk production.

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Milk makes the grade—Milk contains 9 essential nutrients, including protein, vitamin D and calcium!