Milk comes from dairy farms where farmers take great care of their cows.

Milk travels to the grocery store or your school in as little as two days.

Milk is tested, pasteurized and bottled or made into cheese, yogurt or ice cream.

Milk, cheese and yogurt are healthy foods that help you and your bones grow big and strong!

Visit Drink-Milk.com for more information about your dairy foods.
FROM OUR FARMS TO YOUR FRIDGE

UNDENIABLY DAIRY™