Gather
1 cup Milk
3 cups Vanilla Ice Cream
Baking Sheet
Pitcher

Large Spoon
Cups
Napkins
Camera (for photo shoot)

Recipe
• Place ice cream carton on a baking sheet in the refrigerator (not the freezer) the night before the shoot.
• Combine 3 cups ice cream and 1 cup milk in pitcher. Stir slowly to blend. Mixture should be thick. You will want to keep your recipe cold so it remains thick.
• Pour mixture into a small cup and take a sip making sure to dip your lip. Purse your lips as you tip the cup back so the milkshake flows over your lip.
• Smile for the camera and say… CHEESE?!

Makes approximately 30, 1-oz servings

The Coveted
Milk Mustache Recipe

Milk mustache photos are popular at health fairs, family wellness nights, cafeteria promotion days and as classroom activities.